

# THINGS TO REMEMBER AFTER ORAL SURGERY OR A TOOTH EXTRACTION

**THERE ARE** a few things you should think about after oral surgery or a tooth extraction.

- Avoid rinsing your mouth, eating or smoking until the anaesthetic has worn off. Wait for a minimum of an hour.
- Do not brush directly in the wound for the first few days. Brush as usual everywhere else.
- Don't suck on the wound or poke at it with your tongue! Don't poke in the wound even if you feel as if something is stuck in it.

## WHAT TO EXPECT AFTER ORAL SURGERY/TOOTH EXTRACTION

**BLEEDING:** There will almost always be a little blood after the treatment. This is perfectly normal and absolutely nothing to worry about. If bleeding persists, use the compresses we sent home with you. Dampen them with lukewarm water and bite down on them for about 15 minutes.

**SWELLING:** Sometimes the body reacts by causing swelling around the wound. This can make it more difficult than usual to open your jaws. The swelling and difficulty in opening your jaws should improve steadily and eventually disappear completely.

**PAIN:** You may feel aching and tenderness in your mouth for a few days. This will fade. If needed, you can take painkillers.

### CONTACT US:

- If you cannot stop the bleeding or if the bleeding starts again later.
- If the swelling and problems opening your jaws do not decrease.
- If you have difficulty swallowing or drinking.
- If the pain does not abate.
- If you develop a fever.

